

Bonding with my mentee

Every night after the younger girls had all showered and were ready for bed, we would spend the remaining time before lights out doing a quiet activity. The first night I was writing in my journal on the lower bunk and my mentee jumped down from the top bunk and came to see what I was doing. I told her that I was writing about my day. She then quickly got back on her bed and grabbed a little notepad and a pen and sat right on the end of my bed. She asked if she could write about her day too. I said of course and prompted her to think about her favorite part of the day. She thought about it for a minute and responded, "Swimming!" We only got one sentence down before it was lights out, but for the remainder of the week we would do this before going to bed. It was such a nice, quiet activity to do before going to bed, and it allowed me to bond more with my mentee.